

24 - 26 October 2025

FSK UK WORLD KARATE CUP



FSK UK
proudly supports



K2 Centre
Crawley

LONDON



**K2 LEISURE CENTRE
CRAWLEY, UK**

24TH - 26TH OCTOBER 2025

Contact:

worldkaratecup@fskuk.co.uk

GREETINGS by Kyoshi Debi Steven, 7th DAN

Head of Funakoshi Shotokan Karate United Kingdom



Dearest Karate Family,

It is both, an honour and pleasure to invite you and your students to compete at the

4th FSK UK WORLD KARATE CUP.

Myself, the FSK UK team and all our students will welcome you to the UK and the unique city of Crawley. The event will be held from the 24th - 26th October 2025 at the internationally recognised K2 Sports and Leisure Centre.

We are exceptionally proud to be hosting this tournament and we will do our very best to ensure that the organisation and standard of the tournament will not disappoint. As in 2017, 2019 and 2022 the focus will be on the athletes and uniting our diverse karate family through our love for Karate.

In a time of world uncertainty FSK UK remains inclusive and celebrates UBUNTU (togetherness). Karate speaks all languages and connects people across many countries regardless of race, sex orientation, religion and political status. We hold firmly the core principles of our karate and truly appreciate the privilege of uniting so many clubs & karateka.

At the 2025 tournament, as in 2022, £1 per entry per athlete will be added and donated to the charity ACTION BREAKS SILENCE to ensure the work of this incredible charity continues.

Action Breaks Silence educates, engages and empowers communities to end violence against women and girls by tackling sexism, misogyny and the root causes of violence against women and girls.

Their programmes teach empowerment through connection to core values, understanding boundaries and recognising societal pressure as well as promoting healthy relationships, positive masculinity and inner strength.

They provide structured training for young people and survivors to provide them with the skills and knowledge to deliver their programmes, and to mentor younger students. This equips the trainees with both technical and interpersonal skills and practical experience to build confidence, resilience and improved employability.

I hope that attending our event and visiting beautiful UK we will create many amazing and pleasurable moments and memories.

We look forward to seeing you all in Crawley and wish you a lot of success in the tournament!

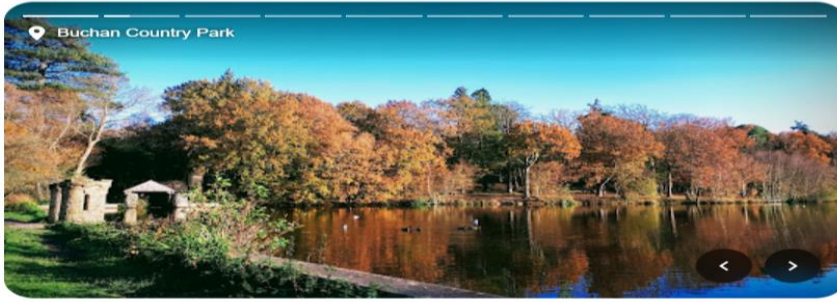
Yours in Karate,

Kyoshi Debi Steven

7th DAN FSK UK

Founder and Director of Funakoshi Limited (Funakoshi Shotokan Karate United Kingdom) (FSK UK)

CRAWLEY AND ARRIVALS



Situated halfway between London and Brighton, Crawley is at the heart of one of the most dynamic regions in the country. It offers all the energy and excitement of a thriving town set alongside the beautiful countryside of West Sussex.

The town has many shopping opportunities such as the County Mall as well as some of the best leisure facilities in the south east with a state-of-the-art leisure centre at K2. In addition, there is an excellent public golf course at Tilgate Forest and a wide range of sports pitches. There really is something for everyone.

All the town's parks and open spaces are linked by the Crawley Millennium Greenway, a circular route around the town for walkers, runners and cyclists.

Crawley has excellent road and rail links and is home to Gatwick Airport.

ACCOMODATION

Accommodation can be booked via [Booking.com](https://www.booking.com), [airBnB](https://www.airbnb.com) or directly. To ensure best deals please book as soon as possible. Enter CRAWLEY as your destination and add relevant dates.

ARRIVAL BY TRAIN AND BUS

The K2 Leisure Centre is a little over one mile from Crawley railway station. To walk to the leisure centre, turn right out of the station, then right again at the traffic lights onto Southgate Avenue. At the end of Southgate Avenue, turn left. The leisure centre is about 200 yards ahead of you on the left-hand side of the A23.

The number 2 bus between Tilgate and the town centre visits the K2 Leisure Centre approximately every 15 minutes. The number 10 Fastway bus stops nearby, at Broadfield Stadium and on Southgate Avenue.



ARRIVAL BY CAR

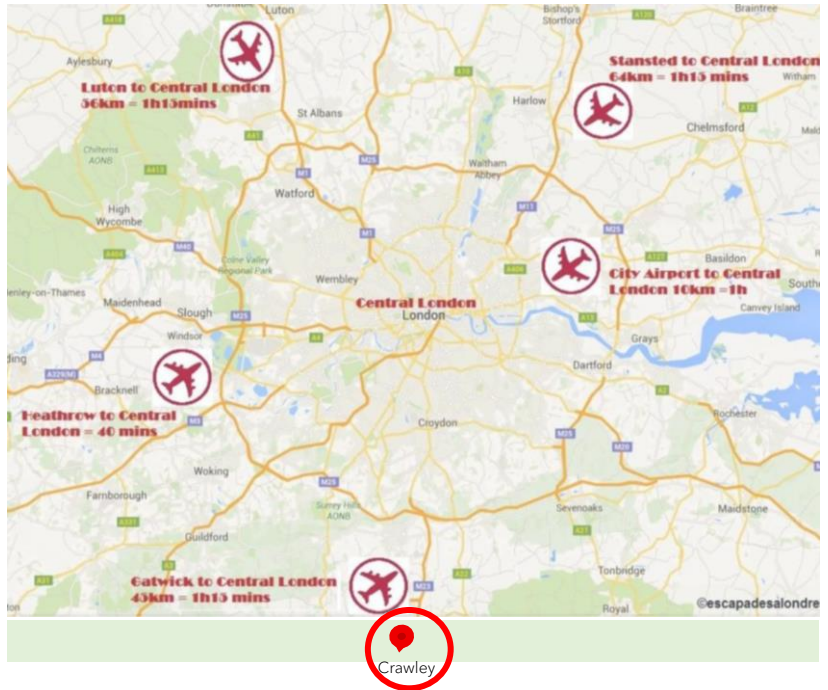
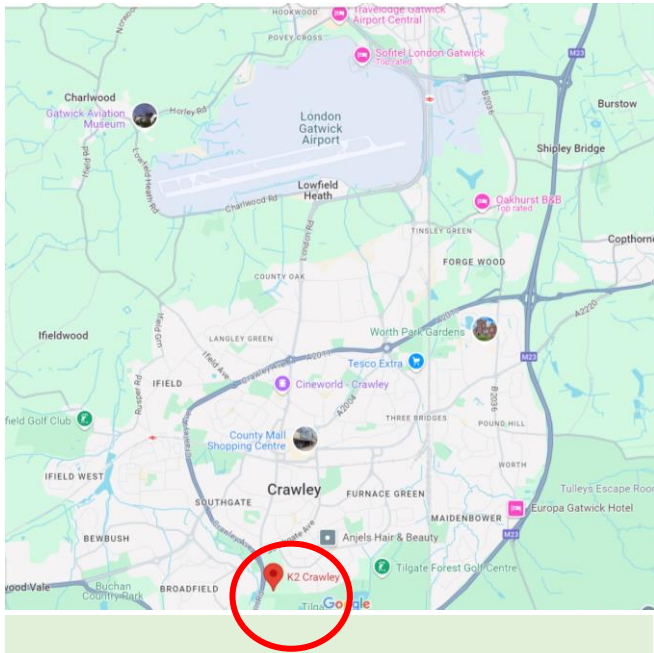
From **the south**, follow the A23 towards Crawley. About one mile past Pease Pottage, get in the outside lane and turn right at the traffic lights. Watch out for the 50 mph limit as you approach the lights – there are sometimes speed traps.

From **the north**, follow the A23 through Crawley. Look for a roundabout containing a giant football, outside Broadfield Stadium. Go straight on in the left-hand lane, and very soon you will see the K2 Leisure Centre to your left as you approach a set of traffic lights.

From **the M23**, leave the motorway at junction 11, Pease Pottage. Get in the right-hand lane on the slip road, follow the roundabout all the way round and join the A23 heading towards Crawley. The K2 Leisure Centre is a little over one mile along on your right, at the first set of traffic lights.

London AIRPORTS

The venue is 8 miles (12km) away from **Gatwick Airport**
40 miles (64km) away from Heathrow Airport
77 miles (123km) away from Luton Airport
79 miles (127km) away from Stansted Airport



K2 LEISURE CENTRE: Tournament venue

ADDRESS:

Pease Pottage Hill, Crawley, Sussex, RH11 9BQ



K2 Crawley is one of the UK's most versatile event venues. From 2000 person conferences, to international sporting events, from exhibitions to legendary concerts, it has all of the facilities and expertise required to take our event to the next level.

Conveniently located just off the A23 and within a short distance of Gatwick Airport, the venue has brilliant transport links and great hotels located close by. There is also a 450 space free car park on site, with overflow parking available for events.

FACILITIES: café, licensed bar, meeting rooms suitable for conferences, 12m climbing wall and sports shops.

Free car parking, including disabled bays close to the main entrance, is available but usually fills up early. Other locations nearby are often used as overflow car parks and will be signposted when in use.

Tournament SCHEDULE

THURSDAY -23 RD OCTOBER		
TIME	EVENT	VENUE
15:30-17:00	REGISTRATION AND VERIFICATION OF DOCUMENTS	LEISURE CENTRE
17:00-18:30	SEMINAR WITH A SURPRISE GUEST (£30) Please note all fees to be donated to Action Breaks Silence after paying our guest instructor.	LEISURE CENTRE

FRIDAY -24 TH OCTOBER		
TIME	EVENT	VENUE
9:00-17:00	ELIMINATIONS, REPECHAGES AND FINALS FOR ALL EVENTS FOR SENIORS 18+	LEISURE CENTRE

SATURDAY -25 TH OCTOBER		
TIME	EVENT	VENUE
9:00-10:00	OPENING CEREMONY	LEISURE CENTRE
10:00-18:00	ELIMINATIONS, REPECHAGES AND FINALS FOR ALL EVENTS FOR ATHLETES 12-17 YEARS OLD	LEISURE CENTRE

SUNDAY -26 TH OCTOBER		
TIME	EVENT	VENUE
9:00-18:00	ELIMINATIONS, REPECHAGES AND FINALS FOR ALL EVENTS FOR ATHLETES 11 YRS AND UNDER + PARA KARATE	LEISURE CENTRE

Note:

All medals and trophies will be awarded straight after each event on the tatami.

The winners will have the podium available for pictures.

RUNNING ORDER

INDIVIDUAL KATA
TEAM KATA
PAIR KATA
TEAM BUNKAI
FUKU-GO
PUNCH BAG
INDIVIDUAL KUMITE
TEAM KUMITE

Division schedule & CATAGORIES

INDIVIDUAL KATA				
	CAT NR	AGE GROUP	GRADE	KATA
SUNDAY	001	BOYS 7 YEARS AND UNDER	OPEN	1 KATA, OPEN
	002	GIRLS 7 YEARS AND UNDER	OPEN	1 KATA, OPEN
	003	BOYS 8-9 YEARS OLD	8 KYU AND BELOW	2 KATAS*(HEIAN 1 ST ROUND)
	004	BOYS 8-9 YEARS OLD	7 KYU AND ABOVE	2 KATAS*(HEIAN 1 ST ROUND)
	005	GIRLS 8-9 YEARS OLD	8 KYU AND BELOW	2 KATAS*(HEIAN 1 ST ROUND)
	006	GIRLS 8-9 YEARS OLD	7 KYU AND ABOVE	2 KATAS*(HEIAN 1 ST ROUND)
	007	BOYS 10-11 YEARS OLD	8 KYU AND BELOW	2 KATAS*(HEIAN 1 ST ROUND)
	008	BOYS 10-11 YEARS OLD	7-4 KYU	2 KATAS*(HEIAN 1 ST ROUND)
	009	BOYS 10-11 YEARS OLD	3 KYU AND ABOVE	2 KATAS*(HEIAN 1 ST ROUND)
	010	GIRLS 10-11 YEARS OLD	8 KYU AND BELOW	2 KATAS*(HEIAN 1 ST ROUND)
	011	GIRLS 10-11 YEARS OLD	7-4 KYU	2 KATAS*(HEIAN 1 ST ROUND)
	012	GIRLS 10-11 YEARS OLD	3 KYU AND ABOVE	2 KATAS*(HEIAN 1 ST ROUND)
SATURDAY	013	BOYS 12-13 YEARS OLD	4 KYU AND BELOW	2 KATAS *(HEIAN 1 ST ROUND)
	014	BOYS 12-13 YEARS OLD	3 KYU AND ABOVE	2 KATAS , OPEN
	015	GIRLS 12-13 YEARS OLD	4 KYU AND BELOW	2 KATAS *(HEIAN 1 ST ROUND)
	016	GIRLS 12-13 YEARS OLD	3 KYU AND ABOVE	2 KATAS, OPEN
	017	BOYS 14-15 YEARS OLD	4 KYU AND BELOW	2 KATAS *(HEIAN 1 ST ROUND)
	018	BOYS 14-15 YEARS OLD	3 KYU AND ABOVE	2 KATAS , OPEN
	019	GIRLS 14-15 YEARS OLD	4 KYU AND BELOW	2 KATAS *(HEIAN 1 ST ROUND)
	020	GIRLS 16-17 YEARS OLD	3 KYU AND ABOVE	2 KATAS, OPEN
	021	BOYS 16-17 YEARS OLD	4 KYU AND BELOW	2 KATAS *(HEIAN 1 ST ROUND)
	022	BOYS 16-17 YEARS OLD	3 KYU -1 KYU	2 KATAS, OPEN
	023	BOYS 16-17 YEARS OLD	1 DAN AND ABOVE	2 KATAS, OPEN
	024	GIRLS 16-17 YEARS OLD	4 KYU AND BELOW	2 KATAS *(HEIAN 1 ST ROUND)
	025	GIRLS 16-17 YEARS OLD	3 KYU -1 KYU	2 KATAS, OPEN
	026	GIRLS 16-17 YEARS OLD	1 ST DAN AND ABOVE	2 KATAS, OPEN
FRIDAY	027	MEN 18-29 YEARS OLD	KYU GRADES	2 KATAS*(HEIAN 1 ST ROUND)
	028	MEN 18-21 YEARS OLD	1 DAN AND ABOVE	2 KATAS, OPEN
	029	MEN 22-29 YEARS OLD	1 DAN AND ABOVE	2 KATAS, OPEN
	030	WOMEN 18-29 YEARS OLD	KYU GRADES	2 KATAS*(HEIAN 1 ST ROUND)
	031	WOMEN 18-21 YEARS OLD	1 DAN AND ABOVE	2 KATAS, OPEN
	032	WOMEN 22-29 YEARS OLD	1 DAN AND ABOVE	2 KATAS, OPEN
	033	MEN 30-40 YEARS OLD	KYU GRADES	2 KATAS*(HEIAN 1 ST ROUND)
	034	MEN 30-40 YEARS OLD	1 DAN AND ABOVE	2 KATAS, OPEN
	035	WOMEN 30-40 YEARS OLD	KYU GRADES	2 KATAS *(HEIAN 1 ST ROUND)
	036	WOMEN 30-40 YEARS OLD	1 DAN AND ABOVE	2 KATAS, OPEN
	037	MEN 41-50 YEARS OLD	KYU GRADES	2 KATAS *(HEIAN 1 ST ROUND)
	038	MEN 41-50 YEARS OLD	1 DAN AND ABOVE	2 KATAS, OPEN
	039	WOMEN 41+ YEARS OLD	OPEN	2 KATAS, OPEN
	040	MEN 51-55 YEARS OLD	OPEN	2 KATAS, OPEN
	041	MEN 56+ YEARS OLD	OPEN	2 KATAS, OPEN

Division schedule & CATAGORIES

INDIVIDUAL KUMITE				
	CAT NR	AGE GROUP	GRADE	KUMITE
S U N D A Y	042	BOYS 7 YEARS AND UNDEF	OPEN	SHOBU IPPON (1MIN30S)
	043	GIRLS 7 YEARS AND UNDEF	OPEN	SHOBU IPPON (1MIN30S)
	044	BOYS 8-9 YEARS OLD	8 KYU AND BELOW	SHOBU IPPON (1MIN30S)
	045	BOYS 8-9 YEARS OLD	7 KYU AND ABOVE	SHOBU IPPON (1MIN30S)
	046	GIRLS 8-9 YEARS OLD	8 KYU AND BELOW	SHOBU IPPON (1MIN30S)
	047	GIRLS 8-9 YEARS OLD	7 KYU AND ABOVE	SHOBU IPPON (1MIN30S)
	048	BOYS 10-11 YEARS OLD	8 KYU AND BELOW	SHOBU IPPON (1MIN30S)
	049	BOYS 10-11 YEARS OLD	7-4 KYU	SHOBU IPPON (1MIN30S)
	050	BOYS 10-11 YEARS OLD	3 KYU AND ABOVE	SHOBU IPPON (1MIN30S)
	051	GIRLS 10-11 YEARS OLD	8 KYU AND BELOW	SHOBU IPPON (1MIN30S)
	052	GIRLS 10-11 YEARS OLD	7-4 KYU	SHOBU IPPON (1MIN30S)
	053	GIRLS 10-11 YEARS OLD	3 KYU AND ABOVE	SHOBU IPPON (1MIN30S)
	S A T U R D A Y	054	BOYS 12-13 YEARS OLD	4 KYU AND BELOW
055		BOYS 12-13 YEARS OLD	3 KYU AND ABOVE	SHOBU IPPON (1MIN30S)
056		GIRLS 12-13 YEARS OLD	4 KYU AND BELOW	SHOBU IPPON (1MIN30S)
057		GIRLS 12-13 YEARS OLD	3 KYU AND ABOVE	SHOBU IPPON (1MIN30S)
058		BOYS 14-15 YEARS OLD	4 KYU AND BELOW	SHOBU IPPON (1MIN30S)
059		BOYS 14-15 YEARS OLD	3 KYU AND ABOVE	SHOBU IPPON (1MIN30S)
060		GIRLS 14-15 YEARS OLD	4 KYU AND BELOW	SHOBU IPPON (1MIN30S)
061		GIRLS 14-15 YEARS OLD	3 KYU AND ABOVE	SHOBU IPPON (1MIN30S)
062		BOYS 16-17 YEARS OLD	4 KYU AND BELOW	SHOBU NIHON(2 MIN)
063		BOYS 16-17 YEARS OLD	3 KYU -1 KYU	SHOBU NIHON(2 MIN)
064		BOYS 16-17 YEARS OLD	1 DAN AND ABOVE	SHOBU NIHON(2 MIN)
065		GIRLS 16-17 YEARS OLD	4 KYU AND BELOW	SHOBU NIHON (2 MIN)
066		GIRLS 16-17 YEARS OLD	3 KYU -1 KYU	SHOBU NIHON(2 MIN)
067		GIRLS 16-17 YEARS OLD	1 DAN ABOVE	SHOBU NIHON(2 MIN)
F R I D A Y	068	MEN 18-29 YEARS OLD	KYU GRADES	SHOBU NIHON(2 MIN)
	069	MEN 18-21 YEARS OLD	1 DAN AND ABOVE	SHOBU NIHON (2 MIN)
	070	MEN 22-29 YEARS OLD	1 DAN AND ABOVE	SHOBU NIHON (2 MIN)
	071	WOMEN 18-29 YEARS OLD	KYU GRADES	SHOBU NIHON (2 MIN)
	072	WOMEN 18-21 YEARS OLD	1 DAN AND ABOVE	SHOBU NIHON (2 MIN)
	073	WOMEN 22-29 YEARS OLD	1 DAN AND ABOVE	SHOBU NIHON (2 MIN)
	074	MEN 30-40 YEARS OLD	KYU GRADES	SHOBU NIHON (2 MIN)
	075	MEN 30-40 YEARS OLD	1 DAN AND ABOVE	SHOBU NIHON (2 MIN)
	076	WOMEN 30-40 YEARS OLD	KYU GRADES	SHOBU NIHON (2 MIN)
	077	WOMEN 30-40 YEARS OLD	1 DAN AND ABOVE	SHOBU NIHON(2 MIN)
	078	MEN 41-50 YEARS OLD	KYU GRADES	SHOBU NIHON (2 MIN)
	079	MEN 41-50 YEARS OLD	1 DAN AND ABOVE	SHOBU NIHON(2 MIN)
	080	WOMEN 41+ YEARS OLD	OPEN	SHOBU NIHON(2 MIN)
	081	MEN 51+ YEARS OLD	OPEN	SHOBU NIHON(2 MIN)

Division schedule & CATAGORIES

PUNCH BAG				
	CAT NR	AGE GROUP	GRADE	TIME
S U N D A Y	101	BOYS 7 YEARS UNDER	OPEN	30S
	102	GIRLS 7 YEARS UNDER	OPEN	30S
	103	BOYS 8-9 YEARS OLD	OPEN	30S
	104	GIRLS 8-9 YEARS OLD	OPEN	30S
	105	BOYS 10-11 YEARS OLD	OPEN	30S
	106	GIRLS 10-11 YEARS OLD	OPEN	30S
S A T U R D A Y	107	BOYS 12-13 YEARS OLD	OPEN	30S
	108	GIRLS 12-13 YEARS OLD	OPEN	30S
	109	BOYS 14-15 YEARS OLD	OPEN	30S
	110	GIRLS 14-15 YEARS OLD	OPEN	30S
	111	BOYS 16-17 YEARS OLD	OPEN	30S
	112	GIRLS 16-17 YEARS OLD	OPEN	30S

PARA KARATE				
	CAT NR	AGE GROUP + EVENT	GRADE	KATA / TIME
S U N D A Y	113	KATA GIRLS UNDER 17 YRS OLD	OPEN	OPEN
	114	KATA GIRLS 18+ YRS OLD	OPEN	OPEN
	115	KATA BOYS UNDER 17 YRS OLD	OPEN	OPEN
	116	KATA BOYS 18+ YRS OLD	OPEN	OPEN
	117	PUNCH BAG GIRLS UNDER 17 YRS OLD	OPEN	30S
	118	PUNCH BAG GIRLS 18 + YRS OLD	OPEN	30S
	119	PUNCH BAG BOYS UNDER 17 YRS OLD	OPEN	30S
	120	PUNCH BAG BOYS 18 + YRS OLD	OPEN	30S

Division schedule & CATAGORIES

TEAM AND PAIR KATA & TEAM BUNKAI				
S U N D A Y	CAT NR	AGE GROUP	GRADE	KATA
	S U N D A Y	121	TEAM KATA BOYS 9 YEARS AND UNDER	OPEN
122		TEAM KATA GIRLS 9 YEARS AND UNDER	OPEN	1 KATA
123		TEAM KATA MIX 9 YEARS AND UNDER	OPEN	1 KATA
124		PAIR 9 YEARS AND UNDER	OPEN	1 KATA
125		BOYS & GIRLS 9 YRS OLD AND UNDER TEAM BUNKAI	OPEN	1 BUNKAI
126		TEAM KATA BOYS 10-11 YEARS	OPEN	1 KATA
127		TEAM KATA GIRLS 10-11 YEARS	OPEN	1 KATA
128		TEAM KATA MIX 10-11 YEARS	OPEN	1 KATA
129		PAIR 10-11 YEARS	OPEN	1 KATA
130		BOYS & GIRLS 10-11 YRS OLD TEAM BUNKAI	OPEN	1 BUNKAI
131		PAIR PARENT/CHILD A *	OPEN	1 KATA
132		PAIR PARENT/CHILD B *	OPEN	1 KATA
S A T U R D A Y	133	TEAM KATA BOYS 12-13 YEARS OLD	OPEN	1 KATA
	134	TEAM KATA GIRLS 12-13 YEARS OLD	OPEN	1 KATA
	135	TEAM KATA MIX 12-13 YEARS OLD	OPEN	1 KATA
	136	PAIR 12-13 YEARS OLD	OPEN	1 KATA
	137	BOYS & GIRLS 12-13 YRS OLD TEAM BUNKAI	OPEN	1 BUNKAI
	138	TEAM KATA BOYS 14-15 YEARS OLD	OPEN	1 KATA
	139	TEAM KATA GIRLS 14-15 YEARS OLD	OPEN	1 KATA
	140	TEAM KATA MIX 14-15 YEARS OLD	OPEN	1 KATA
	141	PAIR 14-15 YEARS OLD	OPEN	1 KATA
	142	BOYS & GIRLS 14-15 YRS OLD TEAM BUNKAI	OPEN	1 BUNKAI
	143	TEAM KATA BOYS 16-17 YEARS OLD	OPEN	1 KATA
	144	TEAM KATA GIRLS 16-17 YEARS OLD	OPEN	1 KATA
	145	TEAM KATA MIX 16-17 YEARS OLD	OPEN	1 KATA
	146	PAIR 16-17 YEARS OLD	OPEN	1 KATA
	147	BOYS & GIRLS 16-17 YRS OLD TEAM BUNKAI	OPEN	1 BUNKAI
F R I D A Y	148	TEAM KATA MEN 18-29 YEARS OLD	OPEN	1 KATA
	149	TEAM KATA WOMEN 18-29 YEARS OLD	OPEN	1 KATA
	150	TEAM KATA MIX 18-29 YEARS OLD	OPEN	1 KATA
	151	PAIR 18-29 YEARS OLD	OPEN	1 KATA
	152	BOYS & GIRLS 18-29 YRS OLD TEAM BUNKAI	OPEN	1 BUNKAI
	153	TEAM KATA MEN 30+ YEARS OLD	OPEN	1 KATA
	154	TEAM KATA WOMEN 30+ YEARS OLD	OPEN	1 KATA
	155	TEAM KATA MIX 30+ YEARS OLD	OPEN	1 KATA
	156	PAIR 30+ YEARS OLD	OPEN	1 KATA
	157	MEN & WOMEN 30+ YRS OLD TEAM BUNKAI	OPEN	1 BUNKAI

NOTE: ALL TEAMS AND PAIRS CAN PERFORM THE SAME KATA FOR ALL ROUNDS (INCLUDING FINAL)

CAT 131 *PAIR CHILD/PARENT(SPECIAL ADULT) A AT LEAST ONE ATHLETE TO BE 5TH KYU AND UNDER

CAT 132 *PAIR CHILD/PARENT(SPECIAL ADULT) B – BOTH ATHLETES NEED TO BE 4TH KYU AND ABOVE

Division schedule & CATAGORIES

TEAM KUMITE				
S U N D A Y	CAT NR	AGE GROUP	GRADE	KUMITE
	158	BOYS 9 YEARS AND UNDER	OPEN	3 COMPETITORS
	159	GIRLS 9 YEARS AND UNDER	OPEN	3 COMPETITORS
	160	MIX 2 BOYS/1 GIRL 9 YEARS AND UNDER	OPEN	3 COMPETITORS
	161	BOYS 10-11 YEARS	OPEN	3 COMPETITORS
	162	GIRLS 10-11 YEARS	OPEN	3 COMPETITORS
	163	MIX 2 BOYS/1 GIRL 10-11 YEARS OLD	OPEN	3 COMPETITORS
S A T U R D A Y	164	BOYS 12-13 YEARS OLD	OPEN	3 COMPETITORS
	165	GIRLS 12-13 YEARS OLD	OPEN	3 COMPETITORS
	166	MIX 2 BOYS/1 GIRL 12-13 YEARS OLD	OPEN	3 COMPETITORS
	167	BOYS 14-15 YEARS OLD	OPEN	3 COMPETITORS
	168	GIRLS 14-15 YEARS OLD	OPEN	3 COMPETITORS
	169	MIX 2 BOYS/1 GIRL 14-15 YEARS OLD	OPEN	3 COMPETITORS
	170	BOYS 16-17 YEARS OLD	OPEN	3 COMPETITORS
	171	GIRLS 16-17 YEARS OLD	OPEN	3 COMPETITORS
	172	MIX 2 BOYS/1 GIRL 16-17 YEARS OLD	OPEN	3 COMPETITORS
F R I D A Y	173	MEN 18-29 YEARS OLD	OPEN	3 COMPETITORS
	174	WOMEN 18-29 YEARS OLD	OPEN	3 COMPETITORS
	175	MIX 2 BOYS/1 GIRL 18-29 YEARS OLD	OPEN	3 COMPETITORS
	176	MEN 30-40 YEARS OLD	OPEN	3 COMPETITORS
	177	WOMEN 30+	OPEN	3 COMPETITORS
	178	MEN 41+	OPEN	3 COMPETITORS
	179	MIX 2 MEN/1 WOMEN 30+ YEARS OLD	OPEN	3 COMPETITORS
	180	MEN 18+	OPEN	5 COMPETITORS

NOTE:

Any under-subscribed categories may be merged with another or cancelled, and any oversubscribed categories may be split without prior notice at the discretion of the event organiser.

PAYMENTS

All payments are in British Sterling (Pounds £).

For all payments pay via bank transfer to

ACCOUNT NAME	FUNAKOSHI LIMITED
BANK	BARCLAYS
ADDRESS	8 GEORGE STREET,RICHMOND,TW77JU
ACCOUNT NUMBER	00909564
SORT CODE/BRANCH CODE	20-72-33
SWIFT CODE	BARCGB22
IBAN NUMBER	GB66BARC20721700909564

Please note that all payments are net, meaning that you must pay all bank transfer costs arising from your payment

All participation fees need to be transferred to the designated bank account no later than [23rd September 2025](#).

Once the competition fees are paid there will be no reimbursements.

FEES

ATHLETE FEES

INDIVIDUAL EVENTS (KATA,KUMITE,FUKU-GO, PUNCH BAG)	£31/event
TEAM EVENTS (TEAM KATA, TEAM BUNKAI) TEAM KUMITE	£78/team for team of 3 £130/team for team of 5
PAIRS KATA	£52/pair

SPECTATOR TICKETS

ADULTS: £13 per day

CHILDREN (12 YEARS AND UNDER)- £7 per day

ADULTS -3 DAYS PASS- £26

CHILDREN- 3 DAYS PASS- £15

Tickets must be purchased at the entrance of the venue.

Tournament RULES

THE AGE OF AN ATHLETE IS CALCULATED BY THE DATE OF THURSDAY 23RD OCTOBER 2025

KATA

SHOTOKAN KATA ONLY

SUNDAY- SCORE SYSTEM

Competitors 7 years old and under can perform the same kata until the final

Competitors 8 years old and above will need to perform 2 different katas. First round must be a HEIAN KATA

SATURDAY- SCORE SYSTEM

All 4 Kyu grades and under (12-17 years old) will need to perform 2 different katas. First round must be a HEIAN KATA

All 3 Kyu grades and above (12-17 years old) will need to perform a minimum of 2 different katas of any choice

FRIDAY- SCORE SYSTEM

All Kyu grades (18- 50+ years old) must perform a minimum of 2 different katas. First round must be a HEIAN KATA

All Dan grades must perform a minimum of 2 different katas of any choice

KUMITE

MANDATORY: mouthguard, hands protection (red and blue/white), groin protection(boys)

OPTIONAL PROTECTIONS: head protector, body protector, foot and shin protectors

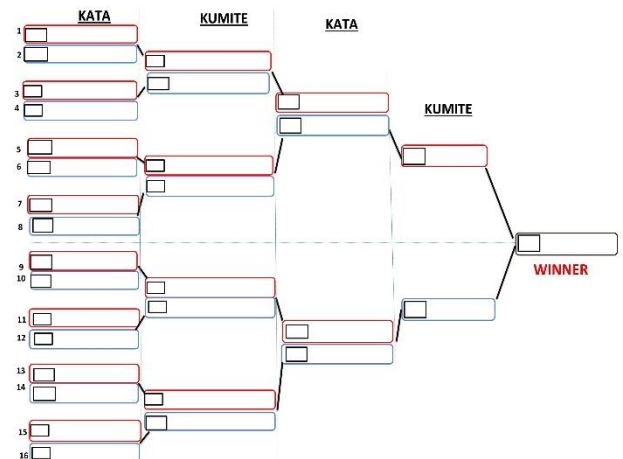
ALL CHILDREN 6-15 YEARS OLD: ALL ROUNDS (+FINAL)-SHOBU IPPON/TIME:1MIN 30 SEC

ALL ADULTS AND 16+ ALL ROUNDS - SHOBU NIHON/TIME: 2 MIN

FUKU-GO

INDIVIDUAL FUKU-GO is an event in which the competitors takes part in kata and kumite rounds played alternately. The final is always a kumite round. For this event, athletes will need to be equally prepared in both kata and kumite, making it an *ULTIMATE CHAMPION* event.

For example: In an event with 16 competitors, the first round will be a kata round. The competitors will perform any choice of kata at the same time, and the winner will be selected using the flag system. After this round, the 8 qualified athletes will go through a kumite round. The winners of this round (last 4) will go through another kata round (where they are allowed to repeat the same kata). And finally, last 2 will go through a final kumite round. No repechages allowed in this event.



Athletes need to perform alternately rounds of kata and kumite.

The kata rounds are open choice and the winner will be chosen using flag system

For kumite: * under 15 years old: SHOBU IPPON (1MIN30SEC)

*16+ years old: SHOBU IPPON (2MIN)

PUNCH BAG

FLAG SYSTEM will be used for all Punch bag categories.

Athletes will need to demonstrate best punching and kicking techniques, distance, speed and CONTROL against a punch bag

Time: 30seconds for all divisions

TEAM KATA

SCORE SYSTEM will be used for all team kata categories

All teams can use one kata for all rounds (including final)

Competitors can enter in both BOYS/GIRLS TEAM and MIX KATA TEAM events

Competitors may ONLY move up an age division

PAIRS KATA

SCORE SYSTEM will be used for all pairs kata categories

All pairs can use one kata for all rounds (including final)

Pairs can be formed with either both Females, both Males or Mixed

PAIR CHILD/PARENT(SPECIAL ADULT) **A** -- at least one athlete to be 5th kyu and under

PAIR CHILD/PARENT(SPECIAL ADULT) **B** - both athletes need to be 4th kyu and above

TEAM BUNKAI

SCORE SYSTEM will be used for all team bunkai categories

All teams can use one bunkai for all rounds

Application of SHOTOKAN Kata only allowed. No weapons allowed (bo, nunchucks, etc..)

TEAM KUMITE

All matches are SHOBU IPPON with a time limit of 1 min 30 sec

Teams can enter with a minimum of 2 competitors

MIX TEAM KUMITE 2BOYS/1GIRL- girls fight first against each other , followed by the boys matches

In 5 COMPETITORS MALE TEAM KUMITE, teams can enter with a minimum of 3 competitors

Competitors may ONLY move up an age division

Onsite REGISTRATION at K2 Centre

COACHES

Registration and verification of documents by the head coach of each delegation on Thursday, 23RD OCTOBER 2025 starting 3:30 P.M.

It is the responsibility of coaches to ensure all competitors are registered and in the correct categories.

Each delegation will receive a pack with:

- coaches ID badge
- competitors ID badge
- competitors number
- championship certificates

Dress code on competition days: Coaches must be in association tracksuits and clearly display their coaching ID badge. Inappropriate dress, as deemed by the chief referee, will be refused access to the competition area. Only coaches adhering to the correct dress code and in possession of a coaching pass will be allowed on the competition area.

ATHLETES

Each athlete will receive 2 competitor's numbers (for Kata and Kumite Gi) and one Competitor ID badge, mandatory to enter the competition area.

REFEREES

To make the judging process as fair as possible, we encourage to have a variety of qualified referees helping at the tournament. Please add the details of your two/three referees in the club registration form.

Dress code: Referees will need to wear grey trousers, navy blazer, white shirt and FSK red tie. FSK red tie and free lunch will be provided by the organisers of the tournament.

Opening CEREMONY

The opening ceremony is scheduled for Saturday, 25TH OCTOBER at 9:00 a.m.

At 8:30a.m. all delegations will be expected to arrive for the ceremony wearing their organisation's official tracksuit or their karate gi.

Visa REQUIREMENTS

The transit and stay in the UK is conditioned by the insurance of VISAs for people from some countries (especially outside Europe). These cases need to be treated with due advance.

We will be happy to help you with any letter for visa application. Visa letter requests will be available on the athlete booking link.

Please ensure you are aware of the rules and timelines around visa applications for your specific country. We will only be able to provide a letter and not be able to inform you about specific regulations.

INSURANCE

In compliance with FSK UK Rules, it is obligatory for all the participants and members of the participating delegations have their own medical and personal trip insurance.

FSK UK assume no liability or responsibility for the lack of insurance from participants and members of the delegations.

Tournament CONTACT

worldkaratecup@fskuk.co.uk

